

Senior Services

- Frank DeFrancisco Eastwood Community Center
- EISEP & Neighborhood Advisor
- Foster Grandparent Program
- Food Services

08/2017

Eastwood Community Center
Board Report July 2017

Center Happenings

The Center continues to grow with new seniors from the Greater-Eastwood area.

Various CLP meetings were held throughout the month

Senior Programming & Activities

The seniors are playing their regular games and activities – Bunco, Pinochle, Pitch, Bingo, and other card games

Chair yoga and Tai Chi Chih is continuing Friday mornings

The Book Club meets weekly Friday morning. Over 15 seniors participate

United Healthcare held an informational session

Monthly the seniors participate in Tech Connect at the Paine Library in Eastwood where this they learn how to use computers, smart phones, and tablets.

On Wednesdays in July, there is jewelry making with Linda

On July 19th over 15 seniors heard a presentation by Tracey Clark on SNAP

On July 17th 40 seniors received Farmers Markets Coupons

On July 25th, The seniors held Christmas in July with a gift exchange

Donation Program

Donors include: Rite Aid, McLane, Toys R Us and KIDS. Donated product is distributed to FRC's, HS, BBBS & other community organizations.

Joseph E. O'Hara, Executive Director

EISEP and NEIGHBORHOOD ADVISOR

MONTHLY BOARD OF DIRECTOR REPORT

AUGUST 2017

Prepared by: Mary Beth Welch

Neighborhood Advisor (Jessica Ponti / Baldwinsville Area):

- **Jessica attended:**
 - **Senior Companion Program training**
 - **Emergency Preparedness – for our seniors**
 - **Senior Nutrition Training – via the Regional Market, farmers market**

- **In July NA had 29 units of in person contact and 37 units of telephone contact.**

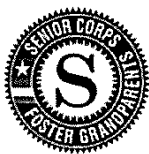
EISEP Case Management (Rene Green / Baldwinsville Area)

- **One client was discharged from EISEP care**
 - **Client is now receiving VA services**

- **EISEP acquired one new client**

- **Rene completed 7 home visits**

- **EISEP ended the month with a case load of 44**



***Foster Grandparent Program of PEACE, Inc.
401 South Midler Ave Syracuse, NY 13206***

FGP August Report to PEACE, Inc. Board of Directors

125 foster grandparent volunteers enrolled @ end of July

- 1 to drop/retiring due to health issue
- 1 to drop/criminal history clearance issues
- 3 inactive due to long term medical issues

No In-Service in July

Summer Assignments

Temporary summer assignments included:

- 6 FGs @ Early Head Start – Sumner, UUMC and Merrick
- 37 FGs @ Syracuse City Elementary schools
- 2 FGs @ Eastside Family Resource Center Children's Summer Program

July Movie Days ~ Special Training Opportunities

July 10 morning and July 13 afternoon - A total of 45 foster grandparents attended viewing of the documentary: Paper Tiger. Staff and foster grandparents discussed topics of movie.

"Paper Tigers follows a year in the life of Lincoln High School, an alternative school in rural Washington state, that has radically changed its approach to disciplining its students, becoming a promising model for how to break the cycles of poverty, violence and disease that affect families. The kids who come to Lincoln have a history of truancy, behavioral problems and substance abuse. After Lincoln's principal is exposed to research about the effects of Adverse Childhood Experiences (ACEs), he decides to radically change the school's approach to discipline. From getting into fights, grappling with traumatic events in their lives, and on the cusp of dropping out, they find healing, support and academic promise at Lincoln High."

July 20 – FGP Karaoke Party

Teambuilding activity for foster grandparents ~ approximately 40 in attendance at Eastwood Community Center – 2pm – 5 pm. Singing, dancing, food and fun had by all.

Syracuse City School District – Grant Funding

Notice of funding for 7/1/17 – 6/30/18 = \$180,000. (same \$\$ as 16/17)

Recruitment & Orientation Plan

Currently have a wait list of 50+ senior interested in joining FGP.

Anticipate conducting Orientation in October for 8-12 new volunteers

August '17

PEACE, INC. - FSD	SENIOR NUTRITION				OFFICE FOR AGING & YOUTH
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Shaved Corned Beef Sandwich on Marble Rye Bread with 1000 Islands Dressing Mashed Beets Fresh Fruit	Tuna Salad with Chopped Egg Served on Kaiser with Shredded Lettuce Cream of Cheddar Potato Soup Fresh Watermelon	Glanville Sweet Italian Sausage Sandwich with Peppers and Onions Italian Blended Vegetables Mandarin Oranges	Haddock Sandwich Seasoned Brown Rice Creamy Colelaw with Pineapple Fruited Jell-O with Whipped Topping	
Slippy Jos on Whole Wheat Bun Peas and Carrots Seasoned Potato Cubes Applesauce	Low Sodium Hoffman Hot Dog Baked Potato Salad Peas and Carrots Watermelon	Garden Vegetable Pasta Bake Fresh Spinach Salad with Raspberry Vinaigrette Fresh Sliced Honeydew Melon Fresh Baked Whole Wheat Roll	Grilled Chicken and Field Green Salad Classic Minestrone Soup Rainbow Sherbet	Sliced Turkey and Spinach on Whole Wheat Kaiser Served with Roasted Red Pepper Spread Potato Medley California Blend Vegetables Tapioca Pudding	11
Open Hot Basted Beef and Gravy Sandwich Oven Roasted Brussel Sprouts Fruit cocktail	Chicken Broccoli Divan With Whole Wheat Pasta Chef's Salad with Vinaigrette Dressing Pineapple Tidbits Fresh Baked Whole Wheat Roll	Beef Fajita Strips with Sautéed Bell Peppers and Onions Rice and Beans Chocolate Ice Cream	Ham Served on Whole Wheat Kaiser Topped with Spinach, and Pineapple Mayo Greek Vegetable and Pasta Salad Fresh Orange	Barbequed Beef on a Costanzo's Roll Fresh Green Beans Creamy Cucumber Dillini Salad Fresh Cantaloupe	18
Golden Battered Cod Filet Red Skin Smashed Potatoes 4 Way Mixed Vegetables Vanilla Ice Cream	Glazed Home-Style Meatloaf O'Brien Scalloped Potatoes Francis Blend Vegetables Mandarin Oranges Fresh Baked Sweet Roll	Turkey Club Sandwich on Marble Rye Bread Creamy Basil Tomato Soup Fresh Strawberries with Whipped Topping	Salt City Fried Chicken Seasoned Red Skin Potato Wedges Creamy Broccoli Salad Tropical Fruit	Sliced Turkey and Spinach on Whole Wheat Kaiser Served with Ham, Turkey, Swiss Cheese, Tomatoes, Cucumbers, Hard Boiled Egg and Olives Crusty Italian Bread Chocolate Cream Pie	25
Sweet and Sour Chicken with Seasoned Brown Rice Peas with Sautéed Mustrooms Fresh Baked Peanut Butter Cookie	Barbeque Glazed Pork Cutlet Macaroni Salad Capri Blend Vegetables Diced Peaches	Baked Lemon Pepper Chicken Breast Zesty Mashed Sweet Potatoes Peanut Breaded Sprouts Spice Cake with Walnut Cream Cheese Frosting	Brunch 10:30 AM Quiche Lorraine Fruit and Yogurt Parfait Cinnamon Bun Orange Juice		

Menu meet 1/2 of RDA
Menu is Subject to Change

Suggested Contribution:
\$3.00

\$8.00