



Family & Community Development

- Eastside FRC
- Southside FRC
- Westside FRC
- County East FRC
- County South FRC
- County West FRC
- Project Connection FRC

05/2013

	<u>Program</u>	<u>Participation</u>	<u>New this Month</u>	<u>Outcomes</u>
Community Involvement	In-Kind Donations	How many? 60	20	3,020.00
	Households lives improved through programs	How many? 1	0	Improved lives
	Community Volunteers	How many? 3	1	How much? Improved connection?
	NAC volunteers	How many? 7	1	
	Participation on Cultural diversity training	How many? 0	0	Less isolated
	Transportation needs	How many? 15	7	Transportation needs met
	Individuals increase access to Community Services (referrals)	How many? 4	0	Improved access
		Employment Seeking Obtaining	How many? 15 How many?	3
Center Activity	Seniors Meal program Socialization	How many? 18 How many? 18	1	Less isolation for seniors
	Youth Programs After School Job skills Math & English tutoring Summer	How many 6 How many? 1 How many? How many?	0	Remove obstacles for youth
	Family Development Partnerships	How many enrolled? 5	0	Remove obstacles and build self sufficiency 2
		How many graduated? 0		
	Special Events Extra curricula activities	How many households?	2	Preventing isolation and improving lives
	Financial Literacy Education classes	How many enrolled?	0	Build self sufficiency

Crisis Intervention	Emergency Counseling	How many?	1	Assess families needs
	Housing			
	Prevent eviction	How many households? 0	0	Households in crisis needs are ameliorated
	Provide better housing	How many households?		
	Prevent utility shout off	How many households?		
	Direct service			
	Food	How many households? 57	10	Households in crisis needs are ameliorated
	Furniture/Clothing	How many 50 Households?	10	
	Households lives improved through services	How many? 6	4	Improved lives
	Jobs Plus Participants	How many? 3	1	
Collaborations	Please, name your top 4 collaborations	Jobs Plus, Catholic Charities Community Services On Care New Hope Baptist Church Federal Cooperative Credit Union		

Center Happenings:

During the month of April the Eastside Family Resource Center held a variety of activities for our customers as well as our community. We provided food basket to our seniors who attend senior nutritional program, as a thank you for all of their support as well as volunteering at the center. A cake was made for the volunteer recognition celebration as well as certificates of appreciation were handed out on April 26 during the senior nutrition program. The Women of the Eastern Star held their monthly meeting on Saturday, April 13 at the center and provided non-perishable food items to be used for our food basket distribution. They will be utilizing the center to hold their monthly meeting on the second Saturday of each month from Noon-2 pm. Narcotics' Anonymous hold their weekly meeting at the center from 7:00 pm till 9:30 pm allowing them to have a location that is accessible to their members. We held a Spaghetti Dinner/Bingo fundraiser on Tuesday, April 23 open to the community. The attendance at this

month's event has increased and we are looking forward to increase attendance each time this event is held.

We also continue holding Job readiness groups, twice a month, during this group's, people learn how to search for jobs, write a resume, and answer interview questioning to future employees .

We continue to provide opportunities to youth, young adults, as well as adults, having to complete their community service hours by assisting our customers at the center with programming such as: clothing pantry, food pantry, senior nutrition program, and general maintenance of the building.

The center continues to provide our community as well as customers, with fresh fruits and vegetable program due to the dedication of our volunteers who provide us with donations from Wegmans and BJ Wholesale, on Monday, Wednesday, and Friday.

We continue to offer assistance to families as well as individuals, with our programs held daily at the center ranging from food pantry to senior nutrition program. We engage individuals of all ages to interact with each other, participate in center programs, and to strive to become self-sufficient.

ACTIVITIES AND EVENTS:

- 1: Domestic violence face to face counseling for customers.
- 2: Interpretation as well as translation when needed.
- 3: Senior Nutrition every Wednesday and Friday afternoons Noon till 3:00 pm.
- 4: Food Pantry on Monday mornings 9:00 am till Noon. Also Emergencies
- 5: Fruits, vegetables, and bread on Monday, Wednesday, and Friday.
- 6: Clothing Pantry on Monday, Tuesday, and Thursday mornings 9:00 am-Noon.

SPECIAL SERVICES:

Free to customers as well as community member the use of computers, fax, copier, and phone.

Customers seeking job opportunities as well as educational purposes have access to the computers.

Wednesday and Friday afternoons from Noon-3:30 pm we offer a diversity senior nutrition program to increase socialization among our community members.

NAC members meeting monthly to preserve our community.

Respectfully Submitted,

P.E.A.C.E., Inc. Eastside Family Resource Center

Monthly Report: April 2013

Southside Family Resource Center

	<u>Program</u>	<u>Participation</u>	<u>New this Month</u>	<u>Outcomes</u>
Community Involvement	In-Kind Donations	3		369.00
	Households lives improved through programs	81	3	Improved lives
	Community Volunteers	7		Improved connection? 975 hours
	NAC volunteers	15		15 hours
	Participation on Cultural diversity training	0		Less isolated
	Transportation needs	0	1	Transportation needs met
	Individuals increase access to Community Services (referrals)	0	3	Improved access
Center Activity	Employment			Improve lives
	Seeking	2		
	Obtaining	0		
	Seniors			Less isolation for seniors
	Meal program	0		
	Socialization	0		
	Youth Programs			Remove obstacles for youth
	After School	11		
	Job skills	0		
	Math & English tutoring	0		
Summer	How many?			
Family Development Partnerships	10	0	Remove obstacles and build self sufficiency	
	How many graduated?			
	0			
Special Events			Preventing isolation and improving lives	
Extra curricula activities	How many households?			
Financial Literacy				
Education classes	How many enrolled?	0	Build self sufficiency	

Crisis Intervention	Emergency Counseling	0	0	Assess families needs
	Housing			
	Prevent eviction	2	0	Households in crisis needs are ameliorated
	Provide better housing	0		
	Prevent utility shout off	43		
	Direct service			
	Food	0		Households in crisis needs are ameliorated
Collaborations	Furniture/Clothing	4		
	Households lives improved through services	81	0	Improved lives
	Jobs Plus Participants	2	88 hours	0
	Please, name your top 4 collaborations			
	Fidelis			
	SCSD			
	Syracuse Model Neighborhood			
	PEOPLE'S AME			

Center Events for the month of April

During the month of April the Southside Family Resource Center was very busy. Our parent committee has been meeting on a regular basis and are coming up with ideas in order to raise money for the summer youth program. We are please to say that we are working within our community and with the people in our community, who do not have youth in our program but are willing to help the center to achieve its goals in fundraising.

Our parent committee had a bottle drive Saturday April 27, 2013 and we were able to raise \$138.00, it is a small start but it is a start. It is the goal of this center to assist our youth in having a safe and constructive summer, and to stay within the goal of our mission statement. Our bottle drive was not only a great success on raising money; it was a success on every level. The SSFRC NAC came and supported our parents in their endeavor to raise money, and spread the word about our bottle drive, this

shows that our SSFRC has a working NAC and that this center is a team on every level, **KUDOS** to the NAC, Parents, and staff.

Our NAC is moving forward, and it gives me great pride to have each and every member. This month the NAC was able to raise \$55.00 at the meeting, with a basket raffle, the NAC has expanded to 16 active members, and although this may seem like a small accomplishment, these are monumental achievements in the overview of where this center was two years ago. And this is due to the wonderful leadership and collaboration of Phyllis Lee-Williams, Emma Johnston; and Aldean Williams these ladies were instrumental in bringing new members and new life to our NAC board. I thank them all.

Our senior space is working out beautifully and with the leadership of Emma Johnston and Margaret Lawrence it is opening so many doors to the senior population of our community. The seniors have a space in which to socialize, be creative and share a meal or two. The seniors have decided to make quilts and to donate them to the diversity dinner for the silent auction.

The center has created several new programs this fiscal year, and the senior program being one of them along with senior computer education, and youth employment. These have been very successful endeavors for our center, with excellent community participation. This is due to the collaboration of everyone who is a part of this center and also may I add to the assistance of my family advocate Ms. Jackie McDowell. Ms. McDowell was instrumental in processing 76 applications for the care and share program and as to date been able to report 54 approvals. ONCE AGAIN KUDO's everyone..... working NAC, whose diversity crosses every line, from race, age, and gender. The Southside FRC is working towards a united NAC, under the wonderful leadership of Pastor Phyllis Lee-Williams and Ms. Emma Johnston. The NAC is moving forward and building a strong foundation under their guidance and is working towards assisting the coordinator with building funds and expanding programs. The Southside NAC is working with the coordinator to develop a working calendar to expand on when committees will be meeting, and other events the NAC and the center will be hosting.

The youth program is growing as well, and the parents are trying to step up to the plate and to raise funds for the next few months in order to obtain a successful summer program.

There is a bottle drive scheduled for April 27, 2013 and in May along with car washes and raffles.

The parent committee as well as the NAC have agreed not to do any more fish fries or other food preparation to raise money for it is time consuming and often not profitable.

On June 15, 2013 the International Eastern Star will have a ride with Nancy fund raiser in order to raise \$1,500.00 +. The fund raiser will include a ride to the Seneca Casino, \$20.00 in chips and \$5.00 in food for a cost of \$50.00 a seat. Nancy will also host a at home tea party, and the donations will be sent to the Southside Family Resource Center Youth program. So our community is on the ball, and doing what they can in order to save the summer youth program. As a coordinator it is an honor to watch how much the Southside Family Resource Center has grown in the past 19 months and how the community is coming together in partnerships and events to keep this center going.

	Program	Participation	New this Month	Outcomes
Community Involvement	In-Kind Donations	133	3	\$7246.25
	Households lives improved through programs	109	51	Improved lives
	Volunteers	74	7	Improved connection to center programming and community.
	Community Volunteers	21	0	
	NAC volunteers	60	0	Less isolated
	Participation on Cultural diversity training	64	1	Transportation needs met
	Transportation needs	53	0	Improved access to other community agencies
	Individuals increase access to Community Services (referrals)			
	Employment Seeking	64	14	Improve lives
	Obtaining Employed	10	0	
Center Activity	Seniors Meal program	0	0	Less isolation for seniors
	Socialization			
	Youth Programs			
	Afterschool	22	0	Remove obstacles for youth enhance
	Program Job skills	15	0	academics and
	Summer Program	38	0	community connection
	Math & English tutoring	29	0	
	Family Development	8	0	
	Partnerships			Remove obstacles and build self sufficiency
	Graduated	0	0	
Special Events			Preventing isolation and improving lives	
Extra curricula activities	878	1		
Financial Literacy				
Education classes	0	1	Build self sufficiency	
Receive Tax Credits	16	0		

Crisis Intervention	Emergency Counseling	32	0	Assess families needs
	Housing Prevent eviction	2	0	Households in crisis needs are ameliorated
	Provide better housing	8	0	Moved to affordable housing
	Prevent utility shout off	2	0	power restored and uninterrupted service
	Direct Service			
	Food	63	0	Households in crisis needs are ameliorated
	Furniture/Clothing	31/18	0/6	
	Households lives improved through services	583	3	Improved lives
Collaborations	Jobs Plus Participants	24	1	Work Experience
	Please, name your top 4 collaborations			
	Near Westside Initiative			Collaboration & Program support
	PAL Project			Program Support
	SU School of Social Work			Program Support
	Gifford Foundation			Program Support

Center Happenings:

April 16th 2013, Afternoon School students were able to make get well cards for Mary Alice Smothers at the SU Warehouse Photography studio. Professor Steve Mahan who was friendly with Mary Smothers had some of his students help our students to cut out pictures and design special cards for Mary. He then personally delivered the cards to her while she was in the hospital.

On Tuesday May 7th 2013, The “On Care Team” hosted an event called “Got Art” at “The Most” located in Armory Square of Downtown Syracuse. Linda Lopez was the contact person and the coordinator of the event. She invited West Side Peace, Inc’s afternoon school program to come to this free event.

Got Art is an event that showcases art work of adolescences that have mental health illnesses. The art work consisted of paintings, poetry, and various 3D arts such as sculptures and tin.

Students who participated were able to see the art work and also stay for presentations by the On Care Team. The presentations were given by care workers, parents, and students who are closely related to mental health care taking situations. Many of their stories were meant to acknowledge the success of the help they gave or received. May 7th was National Children's Mental Health Awareness Day and the stories were meant to reveal the truth of the hardships and the joys.

Students who participated got to enjoy some of the exhibits of "The Most" and play in their amazing Play Center after the presentations were over.

Center Events:

Monday through Friday from 2:30pm to around 5:00PM students come to an afternoon school program. This program focuses on providing each student with extra help and tutoring with homework or any other scholastic need. The center aims to provide each student with the attention they need and make sure there is food available each day they arrive. When all students have completed their school work opportunity to do activities such as play board games, go on the computer, walk to the park, and even do garden projects.

Habitat for Humanity donated a gallon of light brown paint and students took old bricks that were being used as a board for the garden and painted them. Each student was given opportunity to look for the bricks, clean them, paint them, and then place them back in the garden. Students were able to see the completion of their work and be encouraged to be creative even with their own homes and lawns.



	<u>Program</u>	<u>Participation</u>	<u>This Month</u>	<u>Outcomes</u>
	Community Volunteers	How many?	9	Hours 514 Value: \$6,178.28
	In-Kind Donations	How Many?	6	Value: \$ 12,586.54
	NAC Meeting	How Many?	14	Hours: 14 Hours Value: \$168.28
	REFFERALS TO INCOME TAXES	Families/Individuals	10	Building Stronger Communities
	Care & Share Intakes	Utility Assistance How Many?	7	Assessing Families Needs
	Pending Approval 3	Approved How Many	4	7
	Transportation needs	How many?	10	Transportation needs met
	Individuals increase access to Community Services (referrals)	How many?	37	Improved access
	Employment Seeking Obtaining	How many?	6	Improve lives
		How many?	2	
	Seniors Meal program Socialization	How many?	12	Less isolation for seniors
Center Activity	Youth Programs	Parent/Child Play Group	10	Addressing Parenting Skills
	Family Development Partnerships	How many enrolled? How many graduated?	5	Remove obstacles and build self sufficiency
	Special Events Extra curricula activities	How many households? Neighborhood watch	12	Preventing isolation and improving lives
Crisis Intervention	Emergency Counseling	How many?	34	Assess families needs
	Household Lives improved through services	How many?	59	Improving lives
	Housing	How many households? seeking	4	Households in crisis needs are ameliorated
	Provide better housing	How many ? placed	0	
	Prevent utility shut off	How many households?	7	Referrals to Care /Share

Direct service Food	How many households?	35	Households in crisis needs are ameliorated
Furniture/Clothing	How many House holds?	12	Assessing Families Needs
Bread/Copies/faxes	How Many?	495	Building Stronger Communities
Households lives improved through programs	How many?	287	Improved lives
Onondaga County Health Dept	COLLABORATIONS		Building Stronger Communities
Link Program			Building Stronger Communities
Lions Club			Building Stronger Communities
East Syracuse Neighborhood Watch Program			Addressing Community Concerns

**Center Happenings:
Highlights**

**County East Family Resource Center
April 2013**

County East Family Resource Center Neighborhood Advisory Council (NAC) and PEACEKEEPERS Senior Group held a Spaghetti and Meatball Dinner on April 4, 2013 at 11:00 AM to 3:00 pm. The proceeds of the dinner (\$275.00) two hundred and seventy five dollars will be deposited in the Children's Summer Camp account via the main office.

County East Family Resource Center will have five hundred (500) tickets printed at no cost to us for our Father's Day Raffle by Eastwood Litho, Inc. a local printing company.

County East Neighborhood Advisory Council (NAC) and PEACEKEEPERS Senior Group held the Annual Rummage Sale on April 19th and 20th 2013. The proceeds of the fundraiser of two hundred and sixty eight dollars (\$268.00) will be deposited in the Children's Summer Day Camp account.

County East Family Resource Center assisted and completed twenty one (21) Care & Share applications for the Energy Assistance Program.

**Maria Crowley
Coordinator,
P.E.A.C.E., Inc.
County East Family Resource Center**



Monthly Report April 2013 County South Family Resource Center

	<u>Program</u>	<u>Participation</u>	<u>New this Month</u>	<u>Outcomes</u>
Community Involvement	In-Kind Donations	How many? 5		How much? \$685.25
	Households lives improved through programs	How many? 92		Improved lives
	Community Volunteers	How many? 16		How much? \$1811.41
	NAC volunteers	How many? 5		150.7 hours
	Participation on Cultural diversity training	How many? 8		Improved connection
	Transportation needs	How many? 57		Less isolated
	Transportation needs met			
	Individuals increase access to Community Services (referrals)	How many- 50		Improved access
Center Activity	Employment			Improve lives
	Seeking	How many? 2		
	Obtaining	How many? 1		
	Seniors			Less isolation for seniors
	Meal program			
	Socialization	How Many?-19		
	Blood pressures -	How Many?- 20		
	Youth Programs			Remove obstacles for youth
		How many?8		
	Family Development Partnerships	How many enrolled? 6		Remove obstacles and build self sufficiency
	How many graduated? 2			
Special Event			Preventing isolation and improving lives	
	How many? 12			
Food for the Parent's Soul Parenting classes				
Financial Literacy			Build self sufficiency	
Education classes	How many enrolled? 0			
Receive Tax Credits	How many families?0			

	Emergency Counseling	How many? 32	Assess families needs
Crisis Intervention	Housing		
	Prevent eviction	How many households?	Households in crisis needs are ameliorated
	Provide better housing	How many households 2	
	Prevent utility shut off	How many households? `1	
Collaborations	Direct service		
	Food	How many households? 4	Households in crisis needs are ameliorated
	Furniture/Clothing	How many households? 3	
	Households lives improved through services	How many? 22	Improved lives
	Jobs Plus Participants	How many?0	???
	Please, name your top 4 collaborations		
	1. TUCC Fisherman's Net 2. St. Leo's Food Pantry and Outreach 3. Arise 4. FISH		

Center Happenings:

April was a busy month at CSFRC. A bulletin board display was designed by Margie Ragosta to honor all our community volunteers. We put an article in the newspaper and sent thank you notes out to show our appreciation for all their dedication.

A third parenting class was added and meets on Wednesday mornings from 10 – noon. It is a co-ed class and is going well. The Wednesday class is learning about discipline and safety this month.

New computer towers were installed this month by the IT dept. Laura's laptop was updated and the center was rewired. The copier is now connected to the computers so we can save money on cartridges.

There were many transportation needs this month as well as legal situations with families.

Laura Slocum and Margie Ragosta were approved as permanent employees as they had their 90 day reviews. They are both working very hard to accommodate the needs of those we serve. They are also working very hard with all the agency requirements by turning their reports in on time and with efficiency. It is a pleasure to have a supportive staff!

The end of the month was spent in preparation for an unexpected audit which was held last week. The center passed and all is good until the next time.

Thank you for all that you do!
Sincerely,
Barbara Kohberger, Coordinator



	<u>Program</u>	<u>Participation</u>	<u>New this Month</u>	<u>Outcomes</u>
Community Involvement	In-Kind Donations	How many? 71		How much? \$31,726.05
	37 Households lives improved through programs	How many?	3	Improved lives
	13 Community Volunteers	How many?	5	How much?
	8 NAC volunteers	How many? members		
	Participation on Cultural diversity training	How many?		Less isolated
	4 Transportation needs	How many?	2	Transportation needs met
	8 Individuals increase access to Community Services (referrals)	How many?	18	Improved access
	Center Activity	Employment		
4 Seeking		How many?	1	
Obtaining		How many?		
Youth Programs		How many?		Remove obstacles for youth
After School		How many?		
Job skills		How many?		
1 Math & English			1	
10 tutoring			1	
Baseball League scholarship program				
1 Family Development Partnerships	How many enrolled?	1	Remove obstacles and build self sufficiency	
	How many graduated?	1		
Seniors			Preventing isolation and improving lives	
Meal program	How many households?	-		
Socialization				
Financial Literacy			Build self sufficiency	
Education classes	How many enrolled?			
Receive Tax Credits	How many families?			
Crisis Intervention	15 Emergency Counseling	How many?	18	Assess families needs
	Housing			
	Prevent eviction	How many households?		Households in crisis needs are ameliorated
Provide better housing	How many households?	12		
Prevent utility shut off	How many households?			
	How many households?			

Collaborations		Direct service			
	17	Food Furniture/Clothing	How many households?	12	Households in crisis needs are ameliorated
	25		How many households?	10	
	31	Households lives improved through services	How many?	18	Improved lives
	1	Jobs Plus Participants	How many?	1	???
		Please, name your top collaborations			
	McLane's Trucking/Feeding America				
	Panera Bread				
	Grace Episcopal Church				

Center Happenings:

- 1) It was a very busy month. The beginning of the month was the end of Care & Share which resulted in a large influx of heating emergency customers. Some of those have become regular clients.
- 2) April was also a big month for large donations from McLane's trucking and Feeding America. We had over \$30,000 in-kind donations. We now have an even greater abundance of various types of candy. We are very willing to share what we have with others.
- 3) Last month, being volunteer appreciation month we focused on celebrating our awesome group of volunteers. We started a "We love our Volunteers board with pictures of volunteers and volunteer events. This board will be permanently mounted in our conference room area with pictures changing as new volunteers come on board and events take place.
- 4) We finished the month with our first annual Volunteer Appreciation Banquet. We held this event at King of Kings Lutheran church in Liverpool. We had several door prizes which were donated from local vendors with the grand prize going to volunteer MayLou Palmer. Part of her prize included a hair styling at Continental School of Beauty. Our NAC awarded 3 more of these prizes. They went to volunteers; Judy Kanasola, Nancy Casselman and Tina Jastrzab. Winners of other prize baskets were: Michelle Arthur, Cathy McLane and Denise Morse: Youth basket winners were: Alexis Lawson, Brittney Silvernail, Ashley Silvernail Nolan Sickles, and Gabriel Rebensky
- 5) We added 5 new volunteers to our ranks this past month.
- 6) We also helped qualify 11 youth for the Baldwinsville Baseball Program. We help the families with the forms and make recommendations for scholarships to the Baseball League.

Monthly Report April 2013 Project Connection Family Resource Center

	<u>Program</u>	<u>Participation</u>	<u>New this Month</u>	<u>Outcomes</u>
Community Involvement	In-Kind Donations	How many?	0	How much? \$ 0
	Households lives improved through programs	How many?	3	Improved lives
	Community Volunteers	How many?	4	How much? \$778.30
	NAC volunteers	How many?	0	Improved connection
	Participation on Cultural diversity training	How many?	0	Less isolated
	Transportation needs	How many?	0	Transportation needs met
	Individuals increase access to Community Services (referrals)	How many-	2	Improved access
Center Activity	Employment Seeking	How many?	0	Improve lives
	Obtaining	How many?		
	Seniors Meal program Socialization Blood pressures -	How many? n/a How Many? - n/a	N/A	Less isolation for seniors
	Youth Programs After school	How many?	7	Remove obstacles for youth
	Family Development Partnerships	How many enrolled? How many graduated?	7	Remove obstacles and build self sufficiency
	Special Event Rural Outreach meeting Food for the Parent's Soul	How many households?	0	Preventing isolation and improving lives
	Financial Literacy Education classes Receive Tax Credits	How many enrolled? How many families?	0	Build self sufficiency

Crisis Intervention	Emergency Counseling	How many?	4	Assess families needs
	Housing Prevent eviction Provide better housing Prevent utility shut off	How many households? How many households? How many households?	4	Households in crisis needs are ameliorated
	Direct service Food Furniture/Clothing	How many households? How many households?	0 0	Households in crisis needs are ameliorated
	Households lives improved through services	How many?	0	Improved lives
Collaborations	Jobs Plus Participants	How many?		???
	Please, name your top 4 collaborations			
	SCSD High School Graduation Initiative			Debra Howe-Tennant 315-435-4458
	Jobs Plus South Salina St Syracuse, New York 13205			April Work Experience Coach 315-442-3242
	Onondaga County Youth Court New Justice Services, Inc. 1153 West Fayette Street, Suite 301 Syracuse, NY 13204 (315) 471-4676			Heather K. Saroney, Director 315-295-0397
	Women's Opportunity Center 901 James Street Syracuse, NY 13203			Mary "KiKi" White 315-446-0550

Center Happenings:

Project Connection is participating in the Care & Share Energy program. The program ended April 10, 2013 at the close of business due to the influx of application and dwindling funds. Over the course of the Care and Share program we have processed 18 approved and paid applications, 1 approved w/agreement w National Grid, 6 denied. Our overall number of applicants is 25 with 19 approved and paid & 6 denied. Throughout the program applicants were either self-directed referrals or referred from National Grid and/or Heap.

Project Connection has enrolled three (3) new families for a total of seven children into the program. We also have two additional families applying for after-school services/OPWDD services. In addition to new enrollment Projection Connection was featured in The Stand newspaper feature "Strolling the Southside" the article is available online at <http://mysouthsidedstand.com/>.